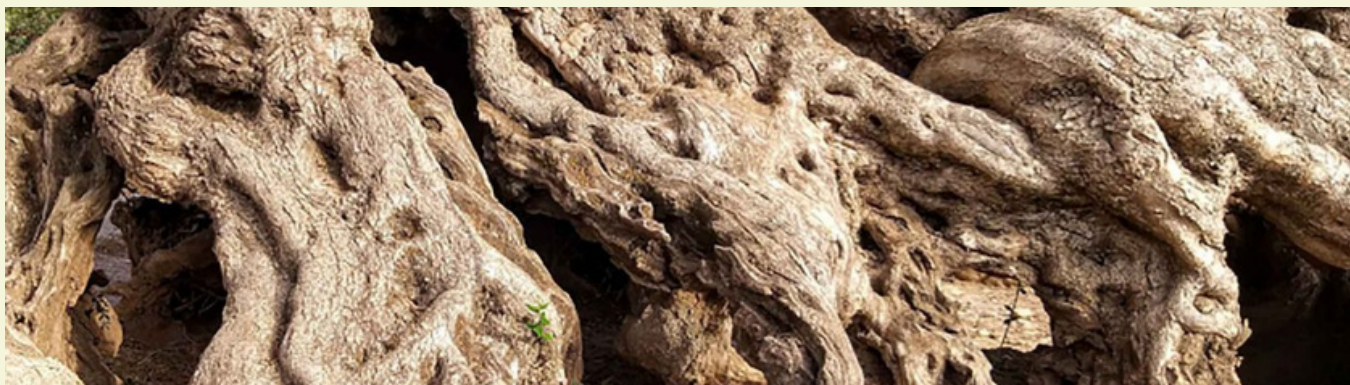


Oleaphen

NOVEMBER 2025

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# WELCOME

Dear Valued Subscriber,

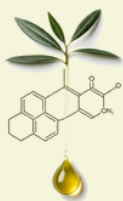
Thank you for trusting us with your health journey. You've joined a movement healing both bodies and land, one pod at a time.

Those who pre-subscribed took a remarkable leap of faith, committing before we pressed the first olive, before any analysis results, based purely on promise and track record. Your early commitment allowed our five partner farms in Cyprus to focus entirely on quality over quantity, knowing their premium olives had a home. You funded the intensive work that makes our oil extraordinary: hand-picking at dawn before full maturity, refrigerating under the trees within minutes, cold-extracting at our state-of-the-art mill.

The results validate that trust: 2,236 mg/kg polyphenols, 45× more than regular olive oil. Each 5ml pod delivers therapeutic-grade plant medicine backed by 2,000+ studies on PubMed. Within 30 days, most subscribers notice the difference: less joint stiffness, clearer thinking, steadier energy, better digestion. Changes that compound into transformed health.

Your subscription supports a different vision of food production, where transparency, quality, and sustainability matter more than scale. Welcome to something real. Welcome to Oleaphen.

Nick Schizas & Nicolas Netien  
Founders



Oleaphen

# 45X MORE

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## ANALYSIS RESULTS



scan for full report

Your 2025 harvest delivers 2,236 mg/kg total polyphenols, verified by LC-MS/MS testing at IOC-certified laboratories. With 11,636 mg/kg total bioactive compounds, each 5ml pod concentrates the protective power of an entire bottle of conventional olive oil. These aren't marketing claims but pharmaceutical-grade measurements you can verify yourself.

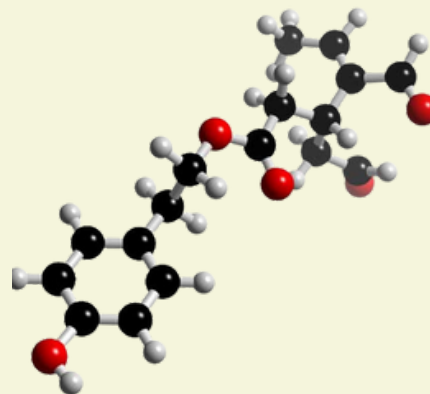
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## POLYPHENOL OF THE MONTH

Oleocanthal is nature's answer to ibuprofen, working on the same COX-1 and COX-2 pathways without side effects. Your oil contains 1,248 mg/L of this remarkable compound.

- Anti-inflammatory power
- Clears toxic proteins from the brain linked to Alzheimer's
- Selectively kills cancer cells while protecting healthy ones
- That distinctive throat burn? It's oleocanthal at work
- 

Your daily pod provides clinically meaningful levels of this compound. This isn't just food. It's concentrated medicine from nature.



**Oleocanthal**

# THE SCIENCE IN ACTION

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## MONTHLY STUDY HIGHLIGHT



A groundbreaking study in ACS Chemical Neuroscience revealed how oleocanthal protects against Alzheimer's disease. Researchers at the University of Louisiana discovered that oleocanthal enhances the brain's ability to clear beta-amyloid, the toxic protein forming plaques in Alzheimer's patients.

The results were remarkable. Oleocanthal works like a powerful drain cleaner for your brain, activating multiple protection systems:

- Upregulates transport proteins that pump toxic amyloid out of the brain
- Increases enzymes that break down amyloid before it forms plaques
- Strengthens the blood-brain barrier to prevent toxins from entering
- Reduces brain inflammation that accelerates cognitive decline

A follow-up study showed just four weeks of oleocanthal treatment significantly reduced amyloid in the hippocampus (memory center) and replicated these protective effects in human brain cells. Your daily pod delivers this brain-protecting compound directly.

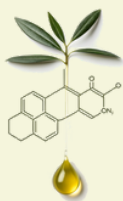
## PERFECT YOUR POD TIMING

When to take your 5ml daily dose for maximum benefit:

- Morning with breakfast: Best for heart health and cholesterol
- Before meals: Optimal for blood sugar control
- With food: Maximum anti-inflammatory effect for joint pain
- Post-workout: Accelerates muscle recovery
- Empty stomach (morning): Supports digestive health



Consistently: Most important, same time daily for cumulative benefits  
Most see results in 30 days, but only with daily use. Never heat your pod. Use cold or at room temperature.



Oleaphen

# MEET YOUR PRODUCERS

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## SMALL, TRANSPARENT, AUTHENTIC

### THE FIVE FAMILIES:

Your oil comes from five family farms across Cyprus, each practicing regenerative agriculture under Nicolas's guidance. These aren't industrial operations but multi-generation farmers who chose quality over quantity, accepting lower yields to restore their land.

We pay them twice the market rate for their olives. Not charity, but recognition that intensive methods deserve compensation. Hand-picking at dawn before full maturity. Refrigerating under trees within minutes. Delivering to our mill within hours. This work costs more, takes longer, produces less. The market doesn't reward it. We do.

Their commitment shows in every test result. When you see 2,236 mg/kg polyphenols, you're seeing decisions of real people who chose the hard path. Families who believed soil health matters more than maximum extraction. Who plant cover crops that reduce short-term profits but build long-term resilience.

### WE'RE ALREADY OUT OF STOCK

Your supply is secured, but we sold out our entire 2025 harvest in just weeks. Orders arrived from 31 countries spanning London to Tokyo, Sydney to New York. Despite increasing production from last year, demand exceeded what five small farms can sustainably produce.

Here's the reality: quality takes time. Our olives need a full year to mature under regenerative practices. We can't rush nature to meet demand. We're training new farming families for 2026, sharing Nicolas's methods to expand without compromising standards. But growth happens at the pace of olive trees, not venture capital.

You're automatically on our 2026 waitlist with priority access as a current subscriber. When next harvest arrives, you'll hear first. Meanwhile, if someone in your life struggles with inflammation, joint pain, or cognitive decline, share what you've experienced. Word of mouth built this community.

One more thing: we're developing something new for 2026. Same uncompromising standards. More when harvest approaches.